



REAL WORLD SAFETY PLEDGE



Grades K-2

I will check first with my parents, guardians, or other trusted adults before going anywhere, helping anyone, accepting anything, getting into a car, or leaving with anyone.

I will take a friend with me when going places or playing outside.

I will tell people "NO" if they try to touch me or do things in ways that make me feel scared, uncomfortable, or confused, because it's OK for me to stand up for myself.

I will tell my parents, guardians, or other trusted adults if anything happens to me.

Grades 3 - 6

I will check first with my parents, guardians, or other trusted adults before going anywhere, helping anyone, accepting anything, getting into a car, or leaving with anyone. I will remember to check first with a trusted adult if I decide to change my plans and if someone needs my help or offers me anything.

I will take a friend with me when going to the store, movie theatre, public restrooms, playing at the park or playground, or walking to and from school. By sticking together with my friend, we can help look out for each other if one of us is in danger or gets hurt.

I will tell people "NO" if they try to touch me or do things in ways that make me feel scared, uncomfortable, or confused, because it's OK for me to stand up for myself. If someone tries to touch me in a way that bothers me I will

scream "NO" in a loud voice and then run away from that person and tell a trusted adult.

I will tell my parents, guardians, or other trusted adults if anything happens to me. Trusted adults are people who respect my opinions, ideas and feelings. Trusted adults will listen and help me work out a solution to any problem I may have. I will tell a trusted adult when something is bothering me or when a problem becomes too big for me to handle.

Middle and High School

I WILL TAKE SOMEONE WITH ME WHEREVER I GO.

If I go anywhere, I will take a friend, brother, or sister with me. When I am with friends and something happens, there is a better chance that we can help each other to be safer.

I will get permission if I need to go out alone and make sure that a parent or guardian knows the details of my whereabouts.

I WILL TELL A TRUSTED ADULT WHERE I AM GOING AT ALL TIMES.

It's important that a trusted adult knows where I am going to be, who I'll be with, what I'll be doing, and when I'll be back. I will check in regularly by directly telling, leaving a note, or leaving a phone or e-mail message letting my trusted adult know the details of my whereabouts.

By keeping others informed about my activities, I can better protect myself. If I'm ever faced with a risky situation or get into trouble, my family and friends will know

where to begin looking for me. I will avoid situations that put me at risk in the first place.

I HAVE THE RIGHT TO SAY "NO."

I have the right to reject unwanted and inappropriate attention such as teasing, touching, and bullying. If someone – anyone – touches me in a way that makes me feel uncomfortable, I have the right to say "NO." I will pay attention to my feelings and use my best judgment.

Whether it is peer pressure about sex, drugs, or doing something that I know is wrong, I will be strong and stand my ground. I will make my feelings known by using a firm, loud, voice clearly stating 'No.' If my friends are making bad decisions, that doesn't mean I have to, and I will try to help stop them from doing so.

I WILL TELL A TRUSTED ADULT IF I FEEL SCARED, UNCOMFORTABLE, OR CONFUSED.

I will talk about my problems and concerns with a trusted adult; and I know someone will be there to help me. I will remember there is a solution to every problem and talking it through with a trusted adult will help. I will trust my intuition by recognizing when I am feeling uncomfortable and taking action to get myself out of that situation.

